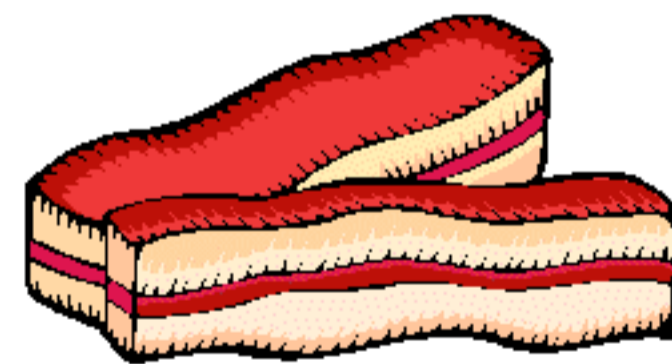


*Today's  
Breakfast  
Egg & Cheese on a Bun  
or  
Rye, White or Raisin Toast  
Or  
Assorted Cereal  
100% Fruit Juice  
Low Fat Milk*





























 *Maschio's Food Services, Inc.*

# EDITH M. DECKER SCHOOL

Maschio's Food Services, Inc.

MARCH Lunch Menu 2010


Healthy Meals Grow Healthy Kids!

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1 "Breakfast For Lunch"</b> Cinn French Toast Home Fries Sausage OJ Milk Choice 	<b>2 Green Eggs and Ham</b> Cheese Tater Tots Fruit Cup Milk Choice 	<b>3 Chicken Nuggets</b> Buttered Noodles Peas Wheat Roll Mixed Fruit Milk Choice 	<b>4 Hamburger or Cheeseburger</b> Sweet Potato Fries Carrot Sticks Chilled Fruit Milk Choice 	<b>5 Pizza</b> Mixed Greens Mixed Fruit 100 % Juice Milk Choice 
<b>8 Pizza Sticks</b> Marinara Sauce Italian Bread Mixed Greens Fresh Fruit Milk Choice 	<b>9 Popcorn Chicken</b> Mashed Potatoes Green Beans Wheat Roll Chilled Fruit Milk Choice 	<b>10</b> 1/2 Day No Lunch Served 	<b>11</b> Grilled Cheese Tomato Soup Carrot Sticks Mixed Fruit Milk Choice 	<b>12</b> Pizza Tossed Salad Mixed Fruit 100 % Juice Milk Choice 
<b>15 "Bracelet Day"</b> Baked Breaded Chicken Rice Carrots WW Roll Mixed Fruit Milk Choice 	<b>16 "Mexican Feast"</b> Tacos With Meat Cheese, Salsa, Corn Pineapple Tidbits, Milk Choice 	<b>17 Mozzarella Sticks</b> Marinara Sauce Italian Bread Tossed Salad Lime Jello Fresh Fruit Milk Choice 	<b>18</b> Chicken Patty Seasoned Rice Lettuce & Tomato Fruit Cup Milk Choice 	<b>19</b> Pizza Tossed Salad Chilled Fruit Milk Choice 
<b>22 "Breakfast For Lunch"</b> French Toast Sticks Home Fries Sausage OJ, Milk 	<b>23 Hot Dog</b> Tater Tots Carrot Sticks Pudding Raisins Milk Choice 	<b>24 "Mexican Feast"</b> Nachos With Meat Cheese, Salsa, Corn Pineapple Tidbits, Milk Choice 	<b>25 Chicken Nuggets</b> Mashed Potatoes Wheat Roll Carrots Fruit Cup Milk Choice 	<b>26</b> Dominos Tossed Salad Orange Juice Chilled Fruit Milk Choice 
<b>29</b> Pizza Sticks Marinara Sauce Italian Bread Mixed Greens Fresh Fruit Milk Choice 	<b>30 Pasta With Meat Sauce</b> Tossed Salad Italian Bread Chilled Fruit Milk Choice 	<b>31 Chicken Fryz</b> Mashed Potatoes Wheat Roll Carrots Fruit Cup Milk Choice 	<b>Fruit of the Month</b> Raisins  <b>Vegetable of the Month</b> Mixed Greens 	Our lunch menus meet or exceed the USDA guidelines For child nutrition lunch programs 

Student Lunch \$2.50  
 Adult Lunch \$3.25  
**"SIDEKICKS"**  
 Milk \$.50  
 Fresh Fruit \$.55  
 Fruit Cup \$.35  
 Ice Cream \$.85  
 Baked Cookie \$.30  
 Spring Water \$.50  
 Yogurt \$1.00  
 Carrot Snack Pack \$.50

**Veggie Connection**  
  
 Baby Carrots  
 or  
 Tossed Salad Cup  
 Available with all meals  
**Bagel Meal \$2.50**  
 Includes: Bagel, Cheese Stick, Vegetable, Fruit & Milk Choice  
 Available Daily

**SANDWICH LUNCH**  
**\$2.50/\$3.25**  
 Assorted Sandwiches available in place of Hot Lunch Entrée.  
 Monday: Cereal Bag- Cereal, Yogurt Cheese Stick, Crackers  
 Fruit and Veggies, Milk  
 Tuesday: Egg Salad  
 Wednesday: Bagel Meal  
 Thursday: Cereal Bags  
 Friday: Tuna Salad on Wheat PB&J (Uncrustable) or Hot Dogs  
 Available everyday as an alternate.  




























Choice of flavored or unflavored, low fat milk available with all meals.  
  
 Lunch Tickets available in the cafeteria.  
 10 lunches for \$25.00  
 20 lunches for \$50.00  
 Make checks payable to:  
**MOUNT ARLINGTON BOE**  
 Menu Subject to Change  
**Extra Bread Available With All Meals**  
 WWW.MASCHIOFOOD.COM  
**NO CHARGING PLEASE**

# MOUNT ARLINGTON SCHOOL

Maschio's Food Services, Inc.

March Lunch Menu 2010

Healthy Meals Grow Healthy Kids!

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Grilled Cheese Tomato Soup Carrot Sticks Fruit Cup Milk Choice 	<b>2</b> Green Eggs and Ham Cheese Tater Tots Fruit Cup Milk Choice 	<b>3</b> Chicken Nuggets Seasoned Rice Peas Wheat Roll Mixed Fruit Milk Choice 	<b>4</b> Meatball Sub Baked Fries Chilled Fruit Milk Choice 	<b>5</b> Pizza Tossed Salad Fruit Cup 100% Juice Milk Choice 
<b>8</b> Cheese Steaks Baked Fries Carrot Sticks Pudding Mixed Fruit Milk Choice 	<b>9</b> "Mexican Feast" Tacos With Meat Cheese, Salsa, Corn Pineapple Tidbits, Milk Choice 	<b>10</b> 1/2 Day No Lunch Served 	<b>11</b> "Breakfast For Lunch" French Toast Sticks Home Fries Sausage OJ Milk Choice 	<b>12</b> Pizza Tossed Salad Chilled Fruit 100% Juice Milk Choice 
<b>15</b> Hot Dog Bar Toppings Tater Tots Raisins Milk Choice 	<b>16</b> Meatloaf With Gravy Sweet Potato Fries Carrots Sticks Mixed Fruit Milk Choice 	<b>17</b> Pizza Sticks Marinara Sauce Tossed Salad Fresh Fruit Milk Choice 	<b>18</b> Popcorn Chicken Seasoned Rice Wheat Roll Vegetable Fruit Cup Milk Choice 	<b>19</b> Dominos Tossed Salad 100% Juice Chilled Fruit Milk Choice 
<b>22</b> "Breakfast For Lunch" French Toast Sticks Home Fries Sausage OJ, Milk 	<b>23</b> Pasta With Meat Sauce Italian Bread Mixed Greens Fruit, Milk 	<b>24</b> "Mexican Feast" Nachos With Meat Rice Salsa, Corn Pineapple Tidbits, Milk Choice 	<b>25</b> Chicken Nuggets Mashed Potatoes Wheat Roll Carrots Fruit Cup Milk Choice 	<b>26</b> Pizza Tossed Salad 100% Juice Chilled Fruit Milk Choice 
<b>29</b> Pizza Sticks Marinara Sauce Tossed Salad Fresh Fruit Milk Choice 	<b>30</b> Baked Potato Bar Toppings Pudding Chilled Fruit Milk Choice 	<b>31</b> Chicken Fryz Seasoned Rice Wheat Roll Vegetable Fruit Cup Milk Choice 	Fruit of the Month Raisins  Vegetable of the Month Mixed Greens 	Our lunch menus meet or exceed the USDA guidelines For child nutrition lunch programs 

Student Lunch	\$2.75
Adult Lunch	\$3.25
<b>"SIDEKICKS"</b>	
Milk	\$.50
Fresh Fruit	\$.55
Fruit Cup	\$.35
Ice Cream	\$.85
Baked Cookie	\$.30
Spring Water	\$1.00
Carrot Snack Pack	\$.50
Baked Chips	\$.60
Propel	\$1.20

**Veggie Connection**  
 Baby Carrots  
 Available with all meals  
**GREAT GRILLERS**  
 \$2.75/\$3.25  
 Hamburger, Cheese-burger,  
 Hot Dog, and Chicken Patty, are available everyday as an alternate



## SANDWICH LUNCH

\$2.75/\$3.25

Assorted Sandwiches or PB&J Uncrustable  
 Available in place of Hot Lunch Entrée.

Week 1: Tuna Salad w/Lettuce  
 Week 2: Ham & Cheese with Lettuce and Tomato  
 Week 3: Egg Salad on Wheat  
 Week 4: Tuna Salad on Wheat

Uncrustables are available everyday as an Alternate sandwich.

Choice of flavored or unflavored, low fat milk available with all meals.  
 Lunch Tickets available in the cafeteria. 10 meals-\$27.50  
 20 lunches for \$55.00.

Make checks payable to **MOUNT ARLINGTON BOE**  
 Menu Subject to Change

**NO CHARGING PLEASE**

**Extra Bread Available With All Meals**

